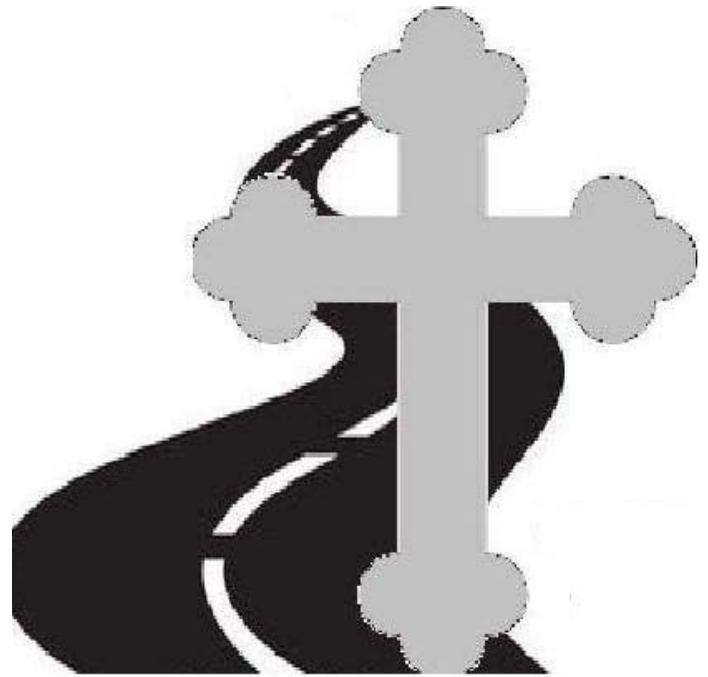


St. Monica Parish Bereavement Ministry

St. Monica Church
13623 Rockside Rd,
Garfield Hts., OH 44125
(216) 662-8685



*“Come to me, all you who are weary and burdened,
and I will give you rest. Take my yoke upon you and
learn from me, for I am gentle and humble in heart,
and you will find rest for your souls.”*
Matthew 11:28-29

One of the most powerful experiences that can change the way we look at life is the loss of a loved one. A close relationship with the deceased, history of the bond and other losses we have suffered in the past will be a factor in the intensity of our grief reaction and how long mourning will linger. But there is HOPE and in TIME it will get better.

When we experience the pain of grief through emotions, physical symptoms, or disturbing behaviors we reach out for help. The St. Monica Bereavement Ministry team members have all been there at some time in their life and would like to reach out to you to help. It is not an easy task and you do not have to go through the grief process alone.

Our group is centered on Jesus Christ and the teachings of the Catholic Church. By using scripture, prayer, reflection, activities, and faith sharing we learn to share in God’s love as we grow in spirituality and start the healing process.

Jesus said, “Blessed are they that mourn, for they shall be comforted. (Matt 5:4)”

You are welcome to join us when you are ready to take the first steps on the road to healing. For more information please call Bob Soeder at (216) 662-8685 ext 120 or email us at bsoder@saintmonicachurch.net

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Meetings will be held in the St. Augustine Room (Lower Level) of the school building.

Please call (216) 662-8685 to register for your first session.

Our meeting sessions are accessible for those who are disabled by way of the elevator. All meetings are held every other Saturday morning starting at 10:00 and will close at approximately 11:30, followed by fellowship.

MEETING DATES

2017

Nov 14 Nov 28 Dec 12 Dec 26

2018

Jan 02 Jan 23 Feb 06 Feb 20