

PRE CANA DAY

Saturday, January 26, 2019

A Pre Cana Day affirms a couple on the strengths that already exist within their relationship.

It is a day that centers on the couple's personal reflection and dialogue. This special time together helps to deepen their personal understanding of Christian marriage and of themselves.

There is a variety of "sharing and reflecting" tools that enhance the couples' communication and negotiating skills. Pre Cana's purpose is to help couples self-discover, encourage intimate revelation, reveal their values, personal attitudes and convictions and confront their differences.

[The Pre Cana Day is held once a year.](#) The Team consists of couples that have been married from only a few years to those who have celebrated their silver anniversaries.

[One needs to register for this program by calling Saint Monica Parish Office at \(216\) 662-8685.](#)

Pre Cana Day is a joint effort of

St. Martin of Tours Parish

Ss. Peter and Paul Parish

St. Therese Parish

St. Monica Parish