

Blossoming Into Health, Wellness & Fitness



Join us for any of our Wellness Ministry offerings
for the Spring Season:



Tai Chi: Every Wednesday - 12:00 Parish Office
Last class, Wednesday, June 13th

Walking w/ Leslie Sansone DVD's continues:

Every Monday & Wednesday

(no class May 28) Last class, Wednesday, June 13th

Two different sessions: 4:30 or 5:30 in the
Parish Office. If you are new, please call the
Parish Office to see where we can fit you in.



NEW: SQUARE DANCING IS COMING!



Let's "Do-Si-Do", "Allemande Right & Left", and
"Promenade Home"!

Lessons begin on Tuesday, May 15 and continue for 6
weeks; 7 - 8:30 pm in the school gym.

Cost \$25.00/couple or \$13.00/single.

Come on out and have some fun! Join our Caller, Rex as we
learn together how to Square Dance

