



Fall Lineup

Tai Chi—Every Wednesday, Noon; Begins

Wednesday, September 5th; Parish Office

Walking w/Leslie Sansone— Monday & Wednesday,
4:30 & 5:30, Begins Monday, September 10th;

Parish Office

Beginner's Yoga—6 week class, Tuesdays, 6:30pm;

Begins September 4th; Parish Office

Line Dancing—6 weeks, Thursdays, 7:00 pm;

Begins September 20th; Gym

Shuffleboard FUNdraiser: Sunday, September 16th,

12:00 Noon—3:00 pm Forest City Shuffleboard



Watch the upcoming bulletins for more information regarding each program, costs involved, and how to register.